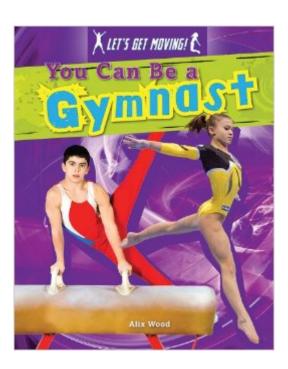
The book was found

You Can Be A Gymnast (Let's Get Moving!)





Synopsis

In order to compete high on the rings, flip through the air, and doing walking handstands on the beam, gymnasts have to be strong, flexible, and confident. With lots of practice and help from a coach and spotter, readers can learn to execute splits, L-sits, and other cool gymnastics moves by following an informative step-by-step guide. Colorful photos and helpful tips remind even seasoned gymnasts of important technical points. Readers new to the sport will see moves so cool, theyll want to join a gym and try them right away!

Book Information

Series: Let's Get Moving!

Paperback: 32 pages

Publisher: Gareth Stevens Publishing (January 1, 2014)

Language: English

ISBN-10: 1482402769

ISBN-13: 978-1482402766

Product Dimensions: 7.6 x 0.2 x 9.8 inches

Shipping Weight: 3.2 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #2,524,795 in Books (See Top 100 in Books) #94 in Books > Children's

Books > Sports & Outdoors > Gymnastics #272 in Books > Children's Books > Growing Up &

Facts of Life > Health > Fitness

Age Range: 8 - 11 years

Grade Level: 3 - 6

Download to continue reading...

You Can Be a Gymnast (Let's Get Moving!) I Can Be a Gymnast (Barbie) (Step into Reading) DK Readers L2: I Want to Be a Gymnast Go Girl! #5: The Worst Gymnast Natali's Journey, The True Story of a Rhythmic Gymnast The Young Gymnast I Am a Gymnast (Young Dreamers) I Want To Be A Gymnast (Turtleback School & Library Binding Edition) (DK Readers: Level 2) Let's Get Real or Let's Not Play: Transforming the Buyer/Seller Relationship I CAN CAN RELISHES, Salsa, Sauces & Chutney!!: How to make relishes, salsa, sauces, and chutney with quick, easy heirloom recipes from around the ... (I CAN CAN Frugal Living Series) (Volume 3) You Can Negotiate Anything: The World's Best Negotiator Tells You How To Get What You Want Brain Boosters for Groups In a Jar: 101 brain-enhancing games to get teens moving and connecting Moving Abroad -

What You Need To Know Before You Go To New Zealand -Expat Dreams; Expat Reality The Raven Tells His Side of the Story: Hey God, Can You Stop the Rain So I Can Get off Noah's Stinky, Smelly Ark? Amalgam Illness, Diagnosis and Treatment: What You Can Do to Get Better, How Your Doctor Can Help If You Can: How Millennials Can Get Rich Slowly It's Your World: Get Informed, Get Inspired & Get Going! 101 Things to Do Outside: Loads of fantastically fun reasons to get up, get out, and get active! You Can If You Think You Can Moving to Higher Ground: How Jazz Can Change Your Life

Dmca